

item 700730	Black beans
size 6,00 x 500,00 G	ID BIO certification body ABCERT
country of origin: CN	customs origin: CN
EAN carton 4006040176459	EAN piece 4006040176466
gross weight 3,200 KG	tare weight gross 0,000
net weight 3,000 KG	tare weight net 0,000
carton size in CM	unit size in CM
L:25,70 W:13,80 H: 17,50	L:5,50 W:8,50 H:13,00
layer/ pallet	
L:25 P:125	

additional product data

product group: secondary placement :
 replacement for:
 available from:
 languages on the label: DE
 country of origin: CN
 customs tariff code: 07133900

pallet weight (loading device included) 412,250 KG unit weight of packaging 0,000
 pallet height (loading device included) 102,000 CM unit weight of packaging 0,000

INGREDIENTS

black beans* ,
 * = organic cultivation ** = biodynamic cultivation

shelf life (wholesaler): 300 Days

nutritional regimen information vegan: yes no raw food: yes no

Production

After the harvest, the beans are cleaned, sorted and packed.

Product Information

Black beans have a peppery, nutty taste and are particularly common in the Mexican kitchen. They hold both shape and firmness when cooked.

Usage

For savory stews, bean purees, salads, corn and millet dishes, as well as for dips and bread spreads.

Particularities

packed by Rapunzel

Packaging

PP foil

Storage

Store in a cool and dry place.

Recipe

Soak black beans during 8 to 12 hours and rinse under running water. Cook 1 cup of beans with 3 cups of water for approx. 1 hour at low heat. Salt and season after cooking.

Legal product designation

Black beans

nutritional features

nutritional features (per 100g) naturally varying!

Energy value kJ/kcal:	1281/304
Fat:	1,20 g
Of which saturated fatty acids:	0,30 g
Carbohydrates:	41,50 g
Of which sugars:	3,10 g
Fibres:	17,30 g
Protein:	23,10 g
salt:	0,023 g

NOTES