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| --- | --- |
| Cadbury dairy milk stick  | per 100ml  |
| Energy | 1023 kJ / 246 kcal  |
| fat  | 16.4g |
| of which Saturates  | 11.6g |
| Carbohydrate  | 21.4g |
| of which sugars | 18.9g |
| Fibre  | 0.5g |
| Protein  | 2.8g |
| Salt  | 0.11g |