

**DATE:** 25.03.2025

**ISSUE NO:** 12

**PRODUCT TITLE:** **NAKED CHINESE STYLE CHOW MEIN EGG NOODLES**

**RECIPE NO:** SA4346 / PA150

**FILL WEIGHT:** 78g e

**PRODUCT LEGAL NAME:** Dried egg noodles in a savoury soy & garlic sauce with dried carrot and spring onion.

**INGREDIENTS:** Dried Egg Noodles [**WHEATFLOUR**, **EGG**, Salt, Colour (Algal Carotenes), Acidity Regulators (Potassium Carbonate, Sodium Bicarbonate)], Potato Starch, Natural Flavourings (contain **WHEAT**), Soy Sauce Powder (3%) [Maltodextrin, Salt, **SOYA** Beans, **WHEAT**], Sugar, Dried Carrot (2%), Garlic Powder, Colour (Plain Caramel), Dried Spring Onion, Dried Garlic, Salt.

**ALLERGY ADVICE:** For allergens, including cereals containing gluten, see ingredients in **BOLD**

Also, may contain milk, mustard and other gluten sources

NUTRITION INFORMATION		
Typical values (as consumed)	Per 100g	Per pot (328g)
Energy	380kJ / 90kcal	1248kJ / 294kcal
Fat	0.4g	1.3g
Of which Saturates	0.3g	1.0g
Carbohydrate	18.2g	59.8g
Of which Sugars	0.9g	3.1g
Fibre	1.0g	3.3g
Protein	2.8g	9.2g
Salt	0.91g	2.99g

\*Reference intake of an average adult (8400kJ/ 2000kcal)

This pot provides 1 serving

**RI**

ENERGY		Per Pot			
		Fat	Saturates	Sugars	Salt
kJ	kcal	1.3g	1.0g	3.1g	2.99g
1248	294				
15%*		2%	5%	3%	50%

\*of your reference intake

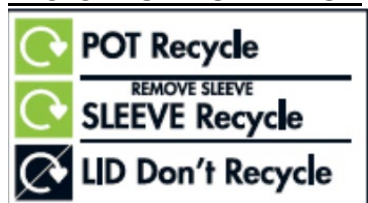
Typical values per 100g: Energy 380kJ / 90kcal

**STORAGE:**

Store in a cool, dry place

Best Before End: see base of pot

**RECYCLING INFORMATION**



**CLAIMS**

Less than 1% Fat

294 kcal per pot

A source of protein

Made with natural flavours

No artificial colours

Vegetarian

**PREPARATION INSTRUCTIONS:**

Ready in 5 mins

1. Remove the lid & pour BOILING water up to the fill line (approx. 250ml), stir thoroughly.
2. Leave to stand for 5 minutes, stir halfway through & again before serving.
3. Grab your chopsticks or fork & enjoy!

**WARNING:**

When prepared as per instructions the pot and contents will be hot. See preparation guidelines for details.

**OTHER INFORMATION:**

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