item 702230 Lentils green	
size 6,00 x 500,00 G **ID** BIO **certification body** ABCERT	
country of origin: CA **customs origin:** CA	

EAN carton 4006040177104	**EAN piece** 4006040177111
gross weight 3,150 KG	**tare weight gross** 0,000
net weight 3,000 KG	**tare weight net** 0,000
carton size in CM	unit size in CM
L:25,70 W:13,80 H: 17,50	L:5,50 W:8,50 H:12,50
layer/ pallet	
L:25 P:125	

additional product data

product group: secondary placement :
replacement for:
available from:
languages on the label: DE
country of origin: CA
customs tariff code: 07134000

pallet weight (loading device included) 412,250 KG unit weight of packaging 0,000
pallet height (loading device included) 102,000 CM unit weight of packaging 0,000

INGREDIENTS

green lentils*,
* = organic cultivation ** = biodynamic cultivation

shelf life (wholesaler): 300 Days

allergen information (you find the current data on www.rapunzel.de.)
may production related contain **traces** of the following allergen ingredients:
Gluten s.

nurtritional regimen information vegan: [X] yes [ ] no raw food: [X] yes [ ] no

Production
After the harvest, the lentils are cleaned and packed.

Product Information
Fine, nutty delicacy. The small, green-speckled lentils are characterized by their nutty-savory taste. The waxy lentils hold their shape when cooked.

Usage
For salads and soups, as side dish and for paddies.

Particularities
packed by Rapunzel

Packaging
PP foil

Storage
Store in a cool and dry place.

Recipe
Cook 1 cup of green lentils with 3 cups of water for approx. 30 minutes at low heat. Salt and season after cooking.

Legal product designation
Green lentils

nurtritional features
nurtritional features (per 100g) naturally varying!

Energy value kJ/kcal:	1280/304
Fat:	1,50 g
Of which saturated fatty acids:	0,20 g
Carbohydrates:	40,60 g
Of which sugars:	1,10 g
Fibres:	17,00 g
Protein:	23,40 g
salt:	0,017 g

Rapunzel Naturkost

item 702230 Lentils green
size 6,00 x 500,00 G **ID** BIO **certification body** ABCERT

NOTES

item 702230 Lentils green
size 6,00 x 500,00 G **ID** BIO **certification body** ABCERT

Lots of success and pleasure with this product
Rapunzel Naturkost