

item 401930	ID BIO	certification body ABCERT
size 6,00 x 500,00 G	customs origin: BO	
country of origin: BO		
EAN carton 4006040102403	EAN piece 4006040102410	
gross weight 3,138 KG		
net weight 3,000 KG		
carton size in CM L:25,70 W:13,80 H: 17,50		unit size in CM L:5,50 W:8,50 H:13,50
layer/ pallet L:25 P:125		

INGREDIENTS white quinoa*, * = organic cultivation ** = biodynamic cultivation	
shelf life (retail):	240 Days
nutritional regimen information vegan: <input checked="" type="checkbox"/> yes <input type="checkbox"/> no raw food: <input type="checkbox"/> yes <input checked="" type="checkbox"/> no	
Production After the harvest, the quinoa grains are cleaned, dried, peeled and packed.	
Product Information Quinoa Real - the royal quinoa. This traditional and noble variety comes exclusively from the high plateaus of the Bolivian Andes. The power grain of the Incas is cultivated there at an altitude of 3,500m. This whole grain white quinoa has a larger grain size and tastes slightly nutty. This pseudocereal can be used in many different ways.	
Usage As side dish, for vegetable bowls, veggie-burgers, salads and sweet dishes.	
Particularities packed by Rapunzel	
Packaging PP foil	
Storage Store in a cool and dry place.	
Recipe Rinse quinoa thoroughly. Boil 250 g quinoa in 625 ml of water for about 15 minutes. Let rest for another 5 minutes.	
Legal product designation Quinoa white	
nutritional features nutritional features (per 100g) naturally varying!	
per:	100g
Energy value kJ/kcal:	1645/390
Fat:	6,60 g
Of which saturated fatty acids:	0,80 g
Carbohydrates:	67,40 g
Of which sugars:	2,80 g
Fibres:	5,50 g
Protein:	12,40 g
NOTES	

Lots of success and pleasure with this product
Rapunzel Naturkost