



SYMINGTONS LIMITED PRODUCT SPECIFICATION

Product Title & Weight	Oatburst Apple & Blueberry Instant Porridge 57g
Legal description	Instant oat porridge with dried apple & sweetened dried blueberries

CONTACTS

Name: Scott Hall	Position: Export Account Manager
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Name: Dawn Dudley	Position: Specification Technologist
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Manufacturer's Name	Symington's Ltd
Company Address	Southfork Ind Est Dartmouth Way Leeds LS11 5JL



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INGREDIENTS LIST & ALLERGY ADVICE
<p>Oat Flakes (65%), Skimmed Milk Powder, Sugar, Dried Apple (1.2%), Sweetened Dried Blueberries [Blueberries, Sugar] (1.2%), Flavourings.</p> <p>ALLERGY ADVICE: For allergens, including cereals containing gluten, see ingredients in bold Not suitable for wheat, rye and barley gluten allergy sufferers.</p>

Nutrition – typical analysis (Please confirm if analysed or calculated)	Per 100g (as consumed)
Energy	417kJ (99kcal)
Protein	3.8
Carbohydrate	17.7
Of which Sugars	6.6
Fat	1.4
Of which Saturates	0.3g
Fibre	1.9
Sodium	0.028
Salt Equivalent	0.07



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Allergen Information :	
Contains Gluten	Yes
Contains Fish/Derivatives	No
Contains Crustaceans/Derivatives	No
Contains Molluscs/Derivatives	No
Contains Egg/Derivatives	No
Contains Peanut	No
Contains Soya/Derivatives	No
Contains Milk & Dairy Products/Derivatives	Yes
Contains Nut	No
Contains Celery/Celeriac/Derivatives	No
Contains Mustard	No
Contains Sesame Seed/ Derivatives	No
Contains Sulphur Dioxide or Sulphites (>10 ppm in product as sold)	No
Contains Lupin/Derivatives	No



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COOKING / PREPARATION INSTRUCTIONS
<ol style="list-style-type: none">1. Remove the lid2. Add boiling water to the fill line (approximately 160ml) and stir well.3. Allow to stand for 1 minute.4. Stir again and enjoy.5. Add more water if required. <p>WARNING: When prepared as per instructions the pot and contents will be hot.</p>

CLAIMS

No artificial colours or preservatives
Low in fat

SUITABILITY

Is this product suitable for Vegetarians?	YES
Is this product suitable for Vegans?	NO
Is this product suitable for Coeliacs	NO

NUT INFORMATION

Are any Nuts / Nut containing products used / stored on your site?	NO
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SHELF LIFE

12 months



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STORAGE INSTRUCTIONS

Store in cool, dry place
 For Best Before End: see base of pot

HEALTH MARK NO. OF PRODUCTION SITE if applicable

Not applicable.

QUALITY STANDARDS

MICROBIOLOGICAL

TVC	N/A cfu/g	Staph. Aureus	<50/g cfu/g
Coliforms	N/A cfu/g	Yeasts	N/A cfu/g
E. Coli	<10/g cfu/g	Moulds	N/A cfu/g
Salmonella	ND / 25 g	B. Cereus	<100/g cfu/g
C. Perfringens	<500/g cfu/g	Other (please specify)	

For ----- Signed: Dawn Dudley	Date: 21.01.2019
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