

item 406680	Parboiled rice, brown		
size 6,00 x 500,00 G	ID BIO	certification body ABCERT	
country of origin: IT	customs origin: IT		
EAN carton 4006040026549	EAN piece 4006040026556		
gross weight 3,217 KG	tare weight gross	0,512 KG	
net weight 3,000 KG	tare weight net	0,500 KG	
carton size in CM	unit size in CM		
L:19,80 W:19,80 H: 22,50	L:6,30	W:9,10	H:21,50
layer/ pallet			
L:24 P:96			

additional product data

product group: secondary placement :
 replacement for:
 available from:
 languages on the label: DE/IT/FR/NL
 country of origin: IT
 customs tariff code: 10062017

pallet weight (loading device included) 328,832 KG unit weight of packaging 0,012 KG
 pallet height (loading device included) 104,500 CM unit weight of packaging 0,143 KG

INGREDIENTS

long grain rice* brown,
 * = organic cultivation ** = biodynamic cultivation

shelf life (wholesaler): 300 Days

nutritional regimen information vegan: yes no raw food: yes no

Production

After harvesting, the rice is cleaned and processed with hot steam. Then it is dried, polished and packed.

Product Information

Nutrient-rich indulgence - the first brown rice with short cooking time! With the well-proven parboiling process, the vitamins and minerals from the outer layer are pressed with steam and pressure into the inside of the grain where they are 'locked in'. This preserves a large part of the valuable nutrients and the cooking time is reduced to only 25 minutes.

Usage

Ideal for rice salads, fillings or as wholesome side dish.

Particularities

cultivated in Europe, packed by Rapunzel

Packaging

Paper bag

Storage

Store in a cool and dry place.

Recipe

Add 250g rice into 500 ml boiling water. Let simmer at low heat with closed lid for about 25 minutes. Remove from stove and let rest for another 5 minutes. Salt rice after cooking.

Legal product designation

Parboiled rice, brown

nutritional features

nutritional features (per 100g) naturally varying!

Energy value kJ/kcal:	1504/355
Fat:	2,20 g
Of which saturated fatty acids:	0,70 g
Carbohydrates:	75,00 g
Of which sugars:	1,00 g
Fibres:	2,10 g
Protein:	7,70 g
salt:	0,020 g

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NOTES

**Lots of success and pleasure with this product
Rapunzel Naturkost**