

Document	Data Sheet	
Title	800g Export Wholemeal Medium	

Ingredients: Wholemeal **Wheat** Flour, Water, Yeast, Vegetable Oil (Rapeseed, Sustainable Palm), Salt, **Wheat** Gluten, Emulsifiers: E481, E471, E472e; **Soya** Flour, Preservative: Calcium Propionate; Flour Treatment Agent: Ascorbic Acid (Vitamin C).

Allergens: For allergens, see ingredients in **bold**. May contain traces of milk and sesame seeds.

Nutrition:

Typical Values	Per 100g of product	Per average slice (44.8g)	Reference Intake (Adult)
ENERGY	954kJ 227kcal	427kJ 102kcal	8400kJ 2000kcal
FAT	2.3g	1.0g	70g
of which saturates	0.5g	0.2g	20g
CARBOHYDRATE	37.8g	16.9g	260g
of which sugars	2.4g	1.1g	90g
FIBRE	6.4g	2.9g	
PROTEIN	10.6g	4.7g	50g
SALT	0.95g	0.43g	6g

Slicing: Contains 18 slices

Sold as: 800g Loaf

Storage: This product is frozen.

Preparation: Defrost before use and use within 4 days. Do not refreeze once defrosted.

Product Life: For best before date see bag closure or label.

Barcode: 50 10044 00830 1

Baked By: Warburtons Limited, Hereford Street, Bolton BL1 8JB, U.K.

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