

Product Data Sheet

Garden Gourmet/Hälsans Kök® Vegan Nuggets 3x2 kg

Item no.: 12584699

	Unit	Kolli	Kolli per lav	Pall
EAN / GTIN	08445291236493	08445291236486		08445291236912
Number:	1 bag, about 100 pcs	3 bags	9 kolli	63 kolli
Weight:				
Net kg	2,000	6,000		
Gross kg	2,030	6,410		431
Measure:				
Depth, mm	75	385		1200
Width, mm	270	245		800
Height, mm	420	225		1725

Vegan Nuggets based on wheat protein, breaded, fried, frozen.

Ingredients:

Rehydrated Textured **WHEAT Protein 39% (Water, WHEAT Protein 9.3%), WHEAT Flour 2.7%**), Water, Breadcrumbs 14% (**WHEAT Flour, Salt, Yeast, Vegetable Oil (Rapeseed)**), Spice Extract (Paprika), Vegetable Oils (Rapeseed, Sunflower) Varying Proportions, **WHEAT Flour, Pea Protein, Acidity Regulator** (Buffered Vinegar), Stabiliser (Methylcellulose), **WHEAT Gluten 1.6%**, corn starch, natural flavourings, citrus fibre, salt, bamboo fibre, onion, white pepper. **SOY SAUCE (SOYBEANS, WHEAT, salt)**.

May contain: EGGS.

Deep-frozen. Store at freezing temperature (-18°C). After thawing: store at ≤ 5 °C, consume within 6 days. Should not be refrozen.

Shelf life: 15 months

COOKING:		
Oven:	Frying pan:	Deep fry:
180° C (preheated)	Medium heat	170° C (preheated)
8-10 min fryst	7-9 min fryst	3 min frozen
6-8 min thawed	4-6 min thawed	2-3 min thawed

NUTRITION DECLARATION	Per 100 g
Energy	991 kJ / 237 kcal
Fat	12.6 gr
- of which saturated fat	0,9 gr
Carbohydrate	15,6 gr
- of which sugars	1,0 gr
Fibre	3,5 gr

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Protein	13,6 gr
Salt	1,0 gr

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