

FINISHED PRODUCT TYPICAL NUTRITIONAL VALUES

PRODUCT: Refined Bleached Deodorized (RBD) Canola Oil **SPECIFICATION NUMBER:** RN-O002 **PRODUCT DESCRIPTION:** Wesson Canola Oil (RBD Canola oil)

NUTRITION FACTS:	Per 100 g	Per 100 mL
	Amount	Amount
Calories (Kcal)	900	825
Total Fat (g)	100.0	91.7
Saturated (g)	6.8	6.3
+ Trans (g)	0.4	0.4
Polyunsaturated (g)	24.4	22.4
Omega-6 (g)	17.2	15.7
Omega-3 (g)	7.2	6.6
Monounsaturated (g)	63.4	58.2
Total Carbohydrate (g)	0.0	0.0
Dietary Fibre (g)	0.0	0.0
Total Sugars (g)	0.0	0.0
Added Sugars (g)	0.0	0.0
Protein (g)	0.0	0.0
Cholesterol (mg)	0	0
Sodium (mg)	0	0
Calcium (mg)	0.0	0.0
Iron (mg)	0.0	0.0
Potassium (mg)	0	0
Vitamin A (mcg)	0	0
Vitamin D (mcg)	0	0